

Sitting at the Feet of Jesus

A Biblical Meditation

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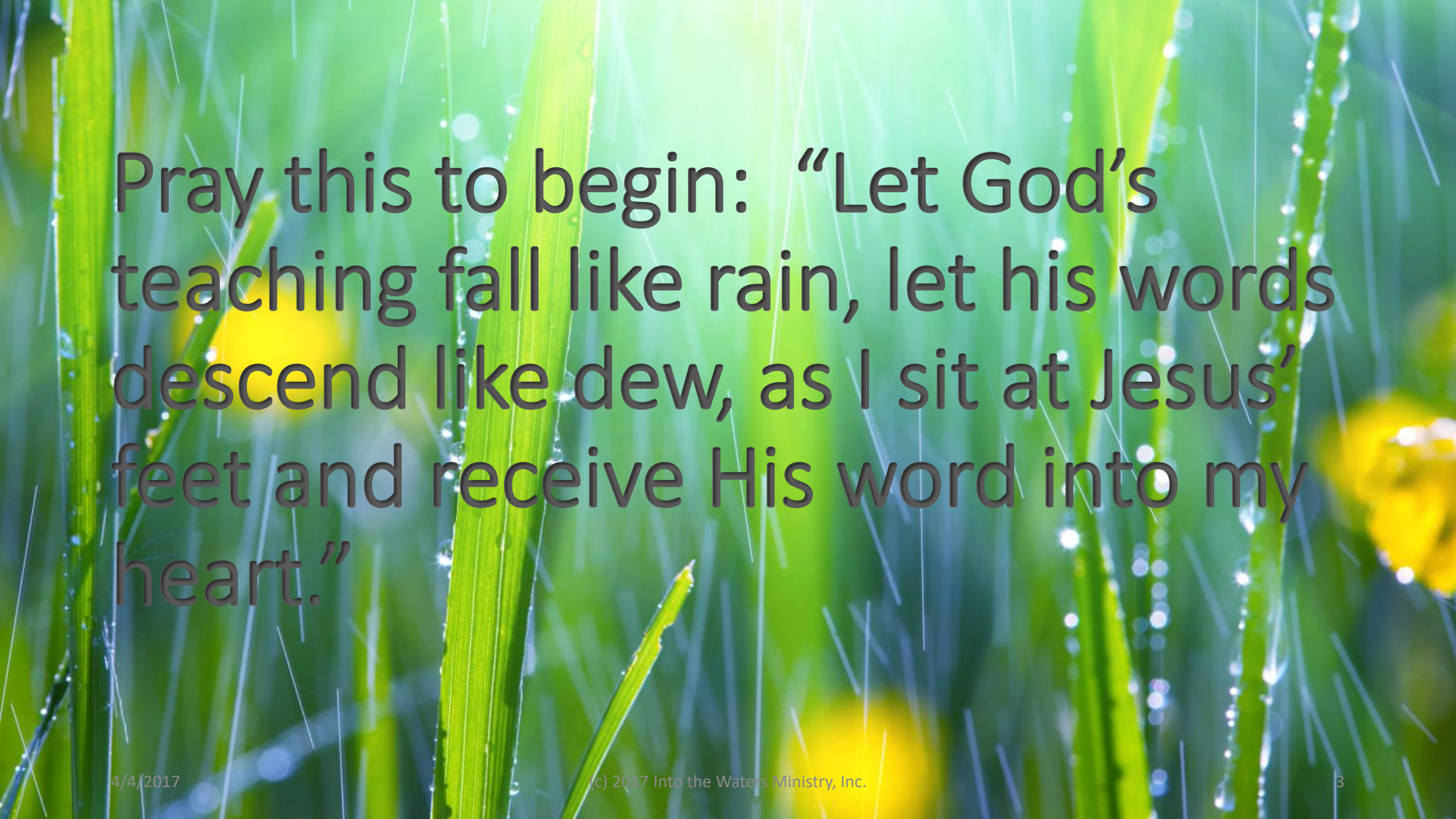
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- *Deuteronomy 33:3- NASV- "Indeed, He loves the people; All Your holy ones are in Your hand, And they followed in Your steps; Everyone receives of Your words.*

Go at your own pace. No need to rush. Transition to the next slide at your pace.

Practice slowing down as you read His promise on each slide and as you form your prayer in response.

Take time to close your eyes and repeat his Words to you from the scripture compilations.


A close-up photograph of green grass blades and yellow flowers, with rain falling vertically across the frame. The rain is captured as a series of white streaks, creating a sense of motion. The background is a soft, out-of-focus green and yellow.

Pray this to begin: “Let God’s teaching fall like rain, let his words descend like dew, as I sit at Jesus’ feet and receive His word into my heart.”



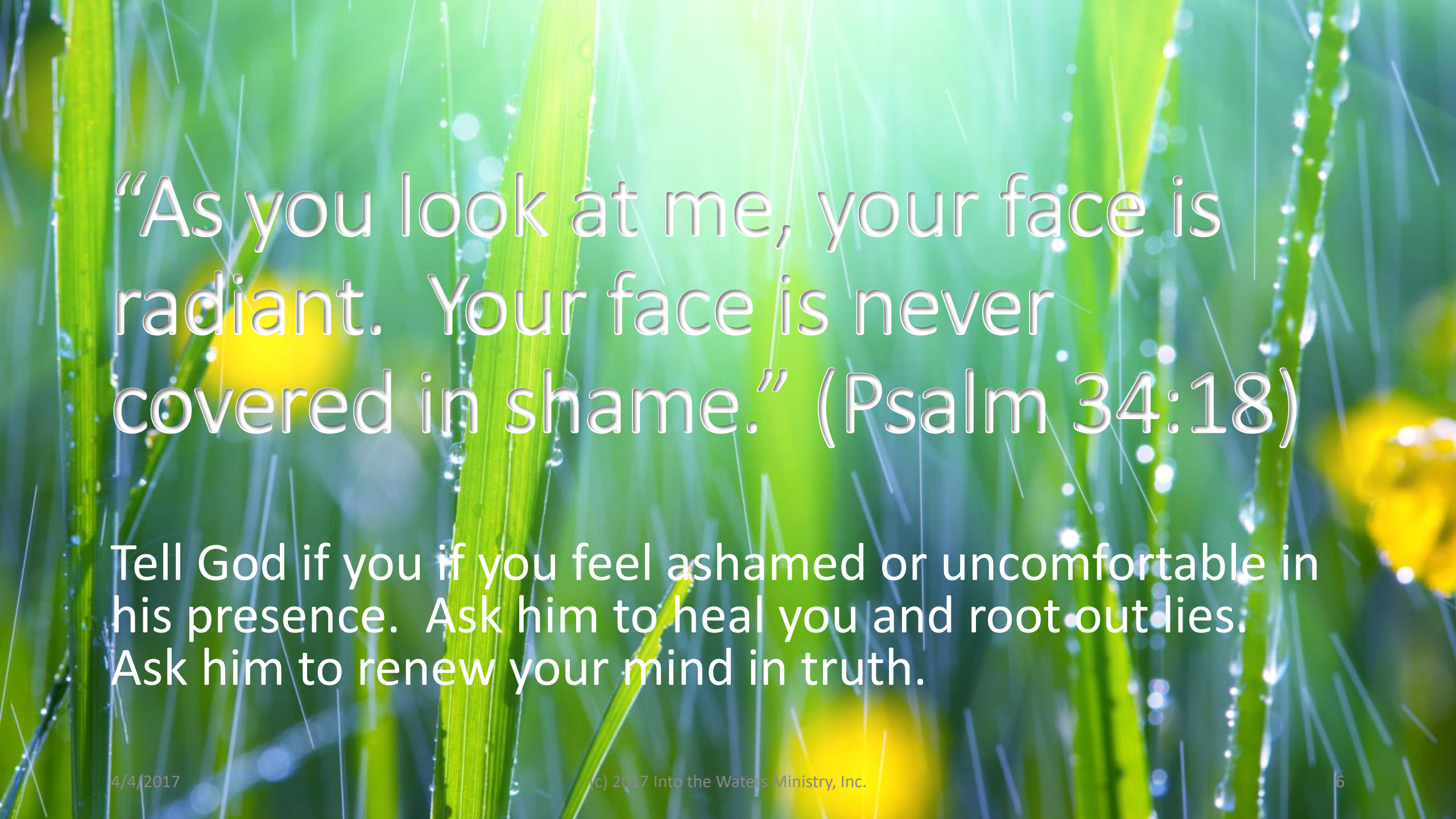
Jesus says to you- “I will not leave you
as orphans; I will come to you in the
person of the Holy Spirit.” – John
14:16-18

Suggested prayer response: Jesus, through your Holy Spirit,
please come to me now. (Close your eyes and repeat your
invitation to him as many times as you'd like.)



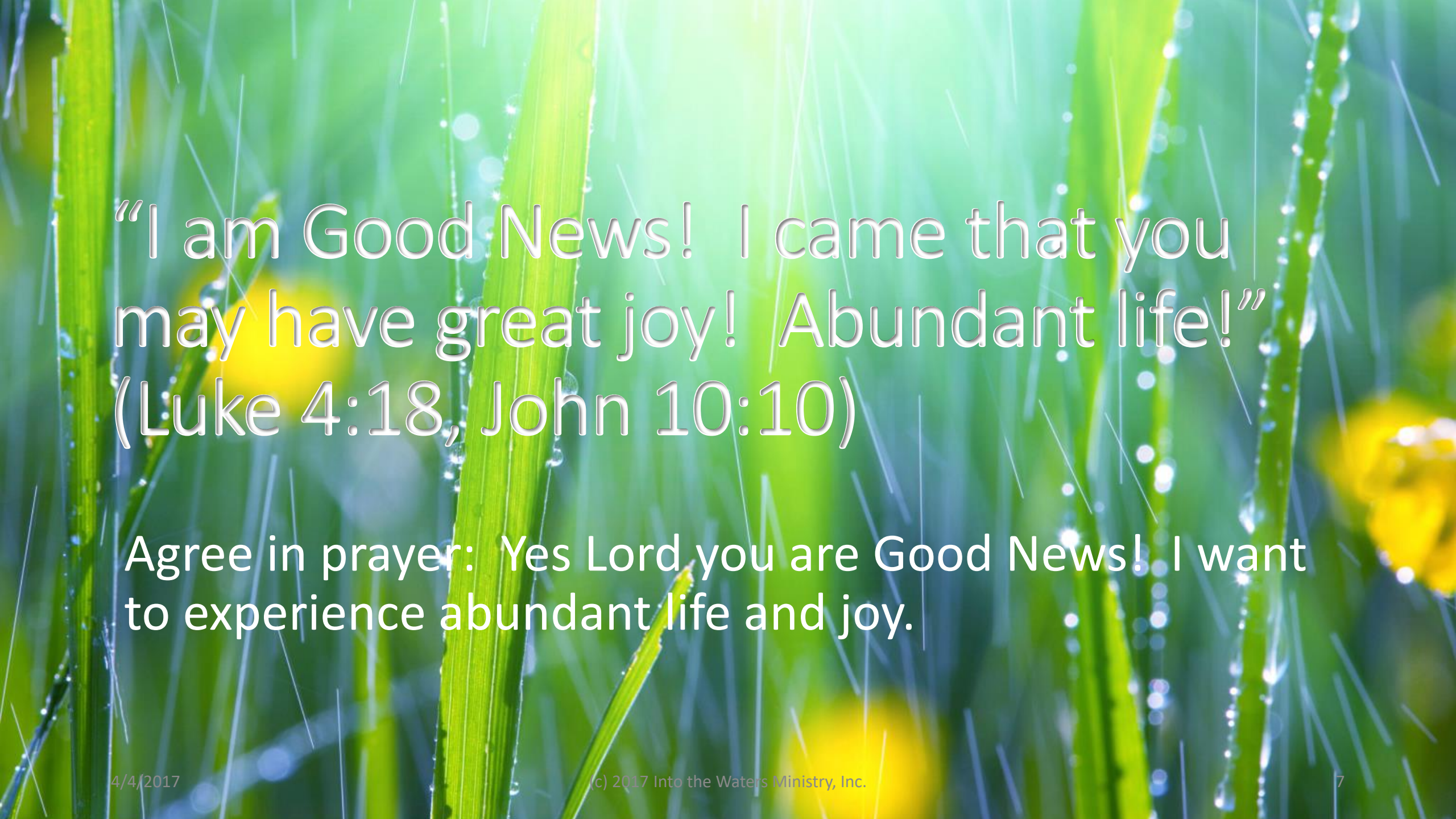
“I am gentle and humble of heart.
Don’t be afraid (insert your name). As
you draw near to me, I draw near to
you.” (Matthew 11:29, Lamentations
3:57)

Just take a moment to thank him that you don’t have to
be afraid. Thank him for drawing near to you.



“As you look at me, your face is radiant. Your face is never covered in shame.” (Psalm 34:18)

Tell God if you if you feel ashamed or uncomfortable in his presence. Ask him to heal you and root out lies. Ask him to renew your mind in truth.



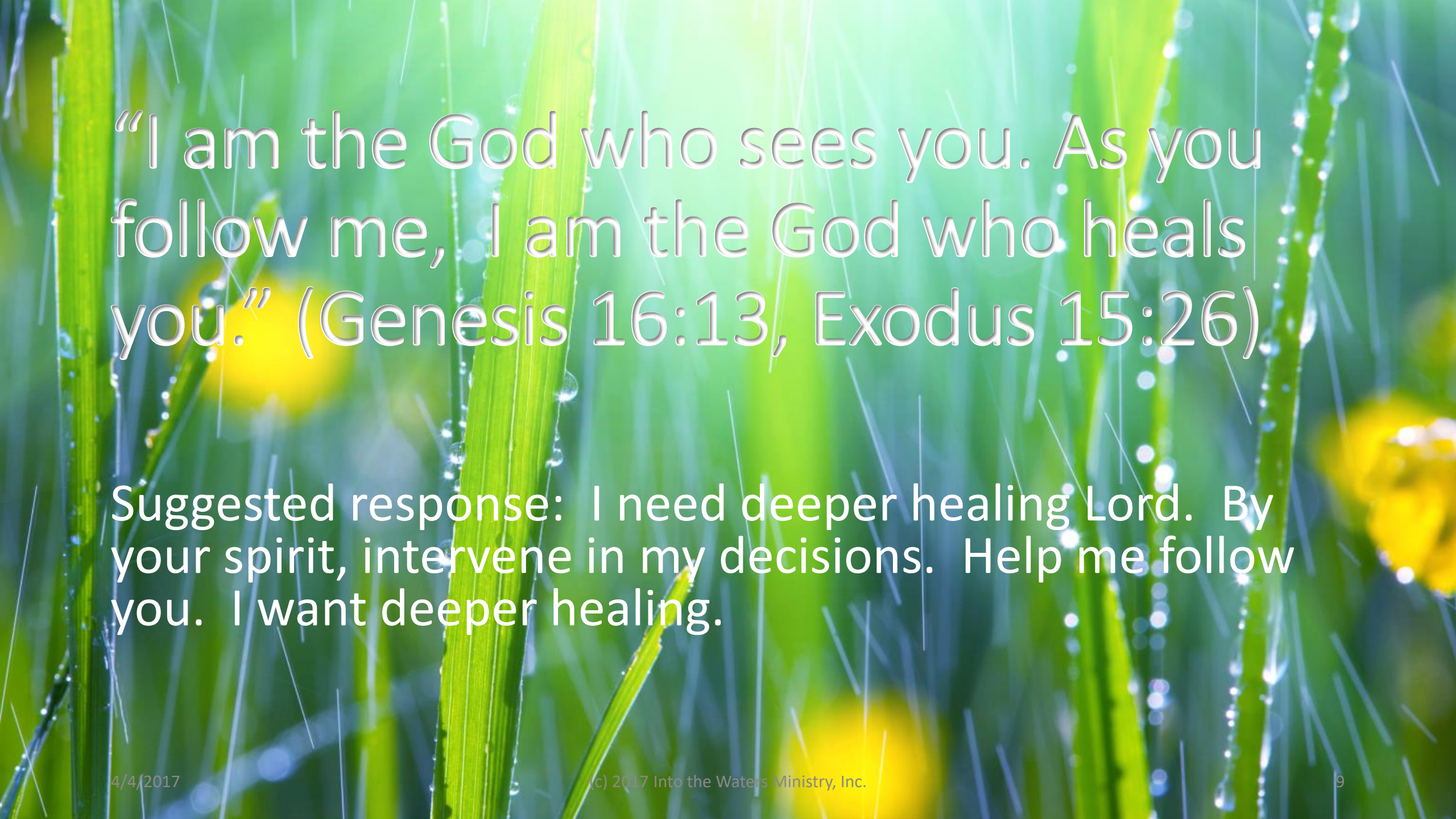
“I am Good News! I came that you
may have great joy! Abundant life!”
(Luke 4:18, John 10:10)

Agree in prayer: Yes Lord you are Good News! I want
to experience abundant life and joy.



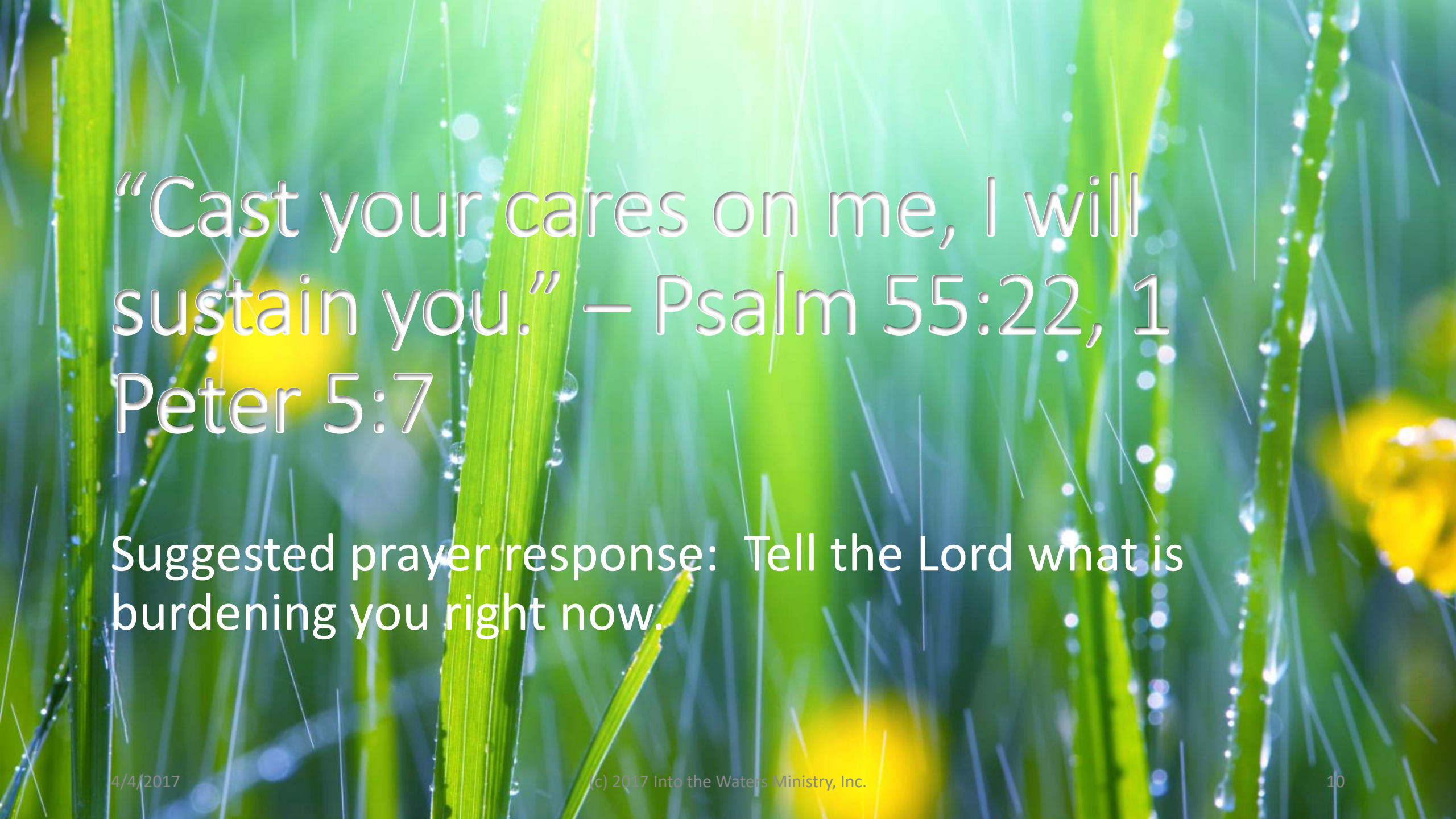
“I am the Way, the Truth, and the Life.
I alone bring you to the Father, there
is no other way except my grace.”
(John 14:6, Romans 3:24)

Suggested prayer response: Jesus, here I am at your
feet to spend time with you and the Father. Teach me
more about your grace.



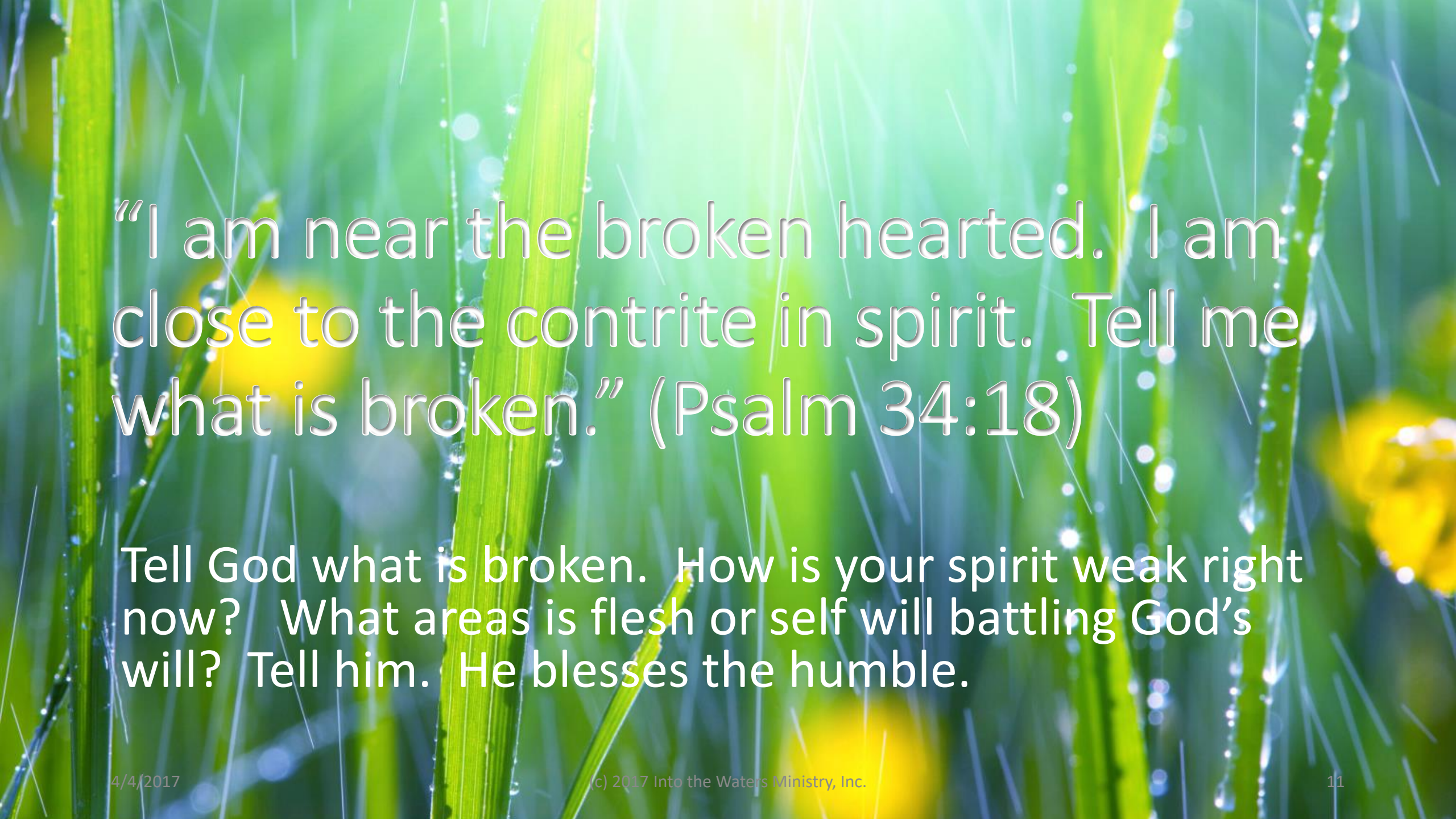
“I am the God who sees you. As you follow me, I am the God who heals you.” (Genesis 16:13, Exodus 15:26)

Suggested response: I need deeper healing Lord. By your spirit, intervene in my decisions. Help me follow you. I want deeper healing.



“Cast your cares on me, I will
sustain you.” – Psalm 55:22, 1
Peter 5:7

Suggested prayer response: Tell the Lord what is
burdening you right now.



“I am near the broken hearted. I am close to the contrite in spirit. Tell me what is broken.” (Psalm 34:18)

Tell God what is broken. How is your spirit weak right now? What areas is flesh or self will battling God's will? Tell him. He blesses the humble.



“Tell your soul to return to rest in me, for I the Lord have been good to you.”- (Psalm 116:7)

Obey and tell your soul to return to rest. Agree with God in some of the many ways He has been good to you. Sit quietly and just enjoy his presence.